

## **Preface**

One year has passed since our new President, Dr. Masatoshi Takeda, took his office at Aino University, after decades of dedication to responsibility for Psychiatry Department at Osaka University Medical School.

Though Aino University is still young and growing with its establishment in 2004, it is now high time that we should steer its direction to the significantly “better and brighter” institution.

For that purpose, targets settled by President Takeda when starting his office last year were as follows : (1) to improve research environment that enables us to obtain excellent accomplishments contributing to the field of healthcare science, (2) to make the current facility, Aino Institute of Regeneration and Rehabilitation, more active and widely used across the whole departments of Aino University, (3) to encourage faculty members to apply and acquire more research funding, especially Grants-in-Aid for Scientific Research from the government, and (4) effort should be made to raise quality of two Aino Gakuin scientific journals, Aino Journal and Bulletin of Aino Gakuin (in Japanese).

Among our aims described above, it was recently announced that seven members of Aino researchers are granted the Grants-in-Aid for Scientific Research for the year of 2016, exceeding the number that was initially expected, and, also, it was authorized that “Aino Institute of Regeneration and Rehabilitation” would be reformed and replaced by more universal and comprehensive organization, with its naming of “The Central Biomedical Laboratory of Aino University”

The present Aino Journal, Vol.14, consists of seven original papers and, in addition, four reports on research activities developed by each of four departments, Departments of Nursing, Physical Therapy, Occupational Therapy and Medical Engineering, which will provide readers with vivid information of the Aino research status.

Despite that establishment of Aino Journals as high quality journal is still on the way, it is aimed at being an international, peer-reviewed journal covering all of medical and health science, with criteria that the work must be high quality, well conducted and can make contribution to the development of the field.

To make significant steps to our destination, some strategies have been proposed, which includes invitation of review articles by distinguished researchers or clinicians to our journal. This is one of our targets to be accomplished in the next coming year.

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